



Connecticut | Impact CT | Toplines | July 2026

859 likely Democratic primary voters in Connecticut

Margin of error: +/- 3.4%

Initial Ballot

48%	Ned Lamont
27	Joshua Elliott
24	Not sure
1	Would not vote

Informed Ballot

46%	Ned Lamont
35	Joshua Elliott
17	Not sure
1	Would not vote

Ballot Movement

43%	Base Lamont
4	Moved to Lamont
27	Base Elliott
9	Moved to Elliott
3	Moved to Undecided
15	Fully Undecided

Q1. Regardless of how you think of yourself, what party are you registered to vote with?

100%	The Democratic Party
0	The Republican Party
0	Registered to vote, but not with a political party
0	Registered to vote with some other political Party

Polling was conducted online from July 23-26, 2026. Using Dynamic Online Sampling to attain a representative sample, Change Research polled 859 likely Democratic primary voters in Connecticut. Post-stratification was performed on age, gender, race/ethnicity, education, and region. You can see a full methodology statement [here](#), which complies with the requirements of AAPOR's Transparency Initiative. Members of the Transparency Initiative disclose all relevant details about our research, with the principle that the public should be able to evaluate and understand research-based findings, in order to instill and restore public confidence in survey results.

Q2. There is a Democratic primary election on August 11, for Governor and other offices. How motivated are you to vote in the August 11 election on a scale from 0 to 10, where 0 means you are not motivated at all and 10 means you are extremely motivated?

62% 10 - Extremely motivated
 7 9
 10 8
 6 7
 3 6
 10 5
 2 4
 0 3
 0 2
 0 1
 0 0 - Not motivated at all

79% Total 8-10
0 Total 0-2

Q3. What are the most important issues influencing how you vote? Please choose up to THREE.

58% Inflation/cost of living
 51 Healthcare
 38 Energy/utility costs
 35 Taxes
 31 Jobs and the economy
 28 Housing costs
 27 War in Iran
 25 Climate change
 20 K-12 public education
 19 Immigration
 19 Roads, bridges, and other infrastructure
 16 Crime and public safety
 12 Abortion
 12 Artificial intelligence
 5 Public transit
 1 None of these

Q4. How favorable are your feelings about each of the following public officials and organizations? If you haven't heard of them, please indicate it.

	<u>Favorable</u>		Neutral	<u>Unfavorable</u>		Never heard	Total Fav	Total Unfav
	Very	Smwt		Smwt	Very			
The Democratic Party	31	42	10	8	9	0	73	17
Democrats in Congress	25	42	13	11	9	0	67	20
Ned Lamont	29	34	16	12	9	0	63	20
Joshua Elliott	14	22	34	5	5	20	36	10
Donald Trump	4	2	2	2	88	1	6	90
The Republican Party	3	4	9	11	72	2	6	82

Q5. If the Democratic primary election for Governor were held today, and the candidates were the following, who would you vote for?

46% Ned Lamont
27 Joshua Elliott
27 Not sure

Initial Ballot (with leans)

48% Ned Lamont
27 Joshua Elliott
24 Not sure
1 Would not vote

Next, you will read some information about the candidates for Governor.

Ned Lamont has served as Governor of Connecticut since 2019, after many years as a businessman and job creator. Governor Lamont says his track record of fiscal restraint, coupled with historic investments in childcare and education are two of the things he is most proud of. If reelected, Lamont says he will focus on lowering costs for things like electricity and healthcare. Opponents of Ned Lamont say most of the progress that's been made on his watch was because of the Legislature, not him, and they say he is an out-of-touch billionaire who doesn't understand working people's needs, that he protects the wealthy, and that he doesn't do enough to fight back against Donald Trump

State Representative **Josh Elliott** is a Hamden small business owner who is serving his 5th term in the State House of Representatives. He's also Deputy Speaker and chair of the legislature's Tax Equity Caucus. For years, he's stood up to the special interests that have made life less affordable and driven families out of our state. Now, he's running to bring the new leadership we all deserve. If elected, Rep. Elliott would push to raise taxes on people making more than \$1 million per year as part of an effort to reduce property taxes, and take on the electric utility companies that he says put profit over people. Opponents of Josh Elliott say he is all talk and no action, and that he'll raise everyone's taxes and state spending and send Connecticut back to the days of big budget deficits.

Q6. Now that you've read some more, if the Democratic primary election for the Governor were held today and the candidates were the following, who would you vote for?

44% Ned Lamont
34 Joshua Elliott
22 Not sure

Informed Ballot (with leans)

46% Ned Lamont
35 Joshua Elliott
17 Not sure
1 Would not vote

Ballot Movement

43% Base Lamont
4 Moved to Lamont
27 Base Elliott
9 Moved to Elliott
3 Moved to Undecided
15 Fully Undecided

D1. Are you:

39% A man
61 A woman

D2. Age

10% 18 to 34
14 35 to 49
31 50 to 64
45 65+

D3. Race/Ethnicity

78% White / Caucasian
13 Black or African American
7 Hispanic or Latino/a
1 Asian / Pacific Islander
0 American Indian or Alaska Native
2 Other

D4. What is the highest level of education you have completed?

9% High school diploma or less
20 Some college, but no degree
9 Associate's degree, or two-year college degree
27 Bachelor's degree, or four-year college degree
34 Graduate degree

D5. Party Identification

66% Strong Democrats
17 Weak Democrats
7 Independent lean Democrats
5 Pure independents
2 Independent lean Republicans
1 Weak Republicans
1 Strong Republicans

91% Democrats

5 Pure independents

4 Republicans

D6. Region

23% Fairfield
30 Hartford
25 New Haven
22 Other

D7. How did you vote in the 2024 election for President, or for some reason were you unable to vote?

88% Kamala Harris, the Democrat
7 Donald Trump, the Republican
2 A third party candidate
1 Not registered/Too young/Ineligible
2 Did not vote